

# YEAR 2 NEWSLETTER

Read a range of comics with your child and discuss:

- Characters (hero and villain)
- Story plot
- Captions
- Speech bubbles

Or, you could make your own comic!

Keep a food diary.  
How many fruits and vegetables do you eat each day?

Have you ever visited a lighthouse?  
Did you know Grace Darling lived in a lighthouse and made a daring rescue in 1838?

Do some fun exercise together such as:

- Dancing
- Playing football
- Running
- Skipping

Measure your pulse rate before and after.

Who do you think is the best superhero?  
Do your friends and family agree?

## Superheroes

Here are some ideas to support your child at home

Follow instructions to make healthy meals and snacks.  
You could make fruit kebabs, smoothies or soup.

Write a story about a superhero. Remember exciting stories have a problem that needs to be solved.

### Reading Books

Please read with your child at least 4 times per week and sign their record.

Messages

### Spelling

Please support your child to read and spell the word list sent home each week.